

Personal Volleyball Goals	Why do you want to accomplish this goal?	What will you do to accomplish this goal?	What should you avoid while working towards this goal?

If you have had a negative experience on a volleyball team in the past, please share what you did not like about it.

What expectations do you have for your coach this year?

How can your coach help you achieve your goals?

What should your coach avoid to help you achieve your goals?

What are the 3 most important things you want to take away from this season?